

OTTER TRAIL GUIDE

TIDES OCT 2019

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0605	1830	0533	1748	1119	2352
2	0604	1831	0609	1824	1154	----
3	0603	1832	0645	1859	0027	1230
4	0602	1833	0724	1939	0104	1310
5	0601	1833	0812	2030	0144	1403
6	0600	1834	0957	2244	0243	1631
7	0558	1835	1229	----	0559	1846
8	0557	1835	0045	1323	0708	1931
9	0556	1836	0136	1359	0747	2003
10	0554	1837	0213	1431	0816	2031
11	0553	1838	0244	1459	0843	2058
12	0552	1839	0313	1527	0908	2125
13	0550	1839	0341	1555	0933	2152
14	0549	1840	0408	1622	0959	2220
15	0548	1841	0436	1650	1024	2249
16	0546	1842	0504	1718	1051	2318
17	0545	1843	0533	1748	1118	2349
18	0544	1844	0604	1820	1149	----
19	0542	1844	0639	1859	0024	1226
20	0541	1845	0724	1953	0106	1316
21	0540	1846	0830	2117	0202	1434
22	0538	1847	1040	2332	0331	1730
23	0537	1848	1227	----	0558	1851
24	0536	1849	0052	1322	0704	1940
25	0535	1850	0146	1408	0750	2022
26	0534	1851	0232	1450	0830	2101
27	0532	1851	0315	1530	0908	2139
28	0531	1852	0355	1609	0944	2216
29	0530	1853	0434	1646	1020	2252
30	0529	1854	0511	1723	1055	2327
31	0529	1855	0547	1757	1131	----

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

